Shredded Kale Salad

Ingredients:

Salad

- 8 c raw kale, packed
- 1/4 inch slice red onion
- 4 cloves garlic, peeled
- 1/4 c almonds, toasted

Dressing

- 5 tsp olive oil
- 5 tsp toasted sesame oil
- 2 tbsp fresh lemon juice
- 1/2 tsp onion powder
- 1/2 tsp salt

Directions:

1. Put the salad ingredients into the food processor with an "S" blade and process until shredded.
2. Combine the dressing ingredients and pour over the salad until evenly coated

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