Other

- Fathead Pizza Crust

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Ingredients:

- 1 1/2 cup mozzarella cheese, shredded
- 2 oz cream cheese
- 1 large egg
- 3/4 cup almond flour (or 1/4 cup coconut flour)

Directions:

1. Preheat oven to 425° F
2. Combine cheeses in a bowl and microwave for 60 seconds, stirring after the first 30 seconds, until uniform
3. Add the remaining ingredients to the bowl and stir to combine, using your hands if needed to incorporate
4. Add the dough to a greased pan (I like to use an iron skillet) and spread until it looks like a pizza dough. Usually about 12" across.
5. Bake the crust for 12-15 minutes
6. Remove the crust and add any toppings to the pizza
7. Return to the oven for another 5-10 minutes or until cheese is melted and toppings are cooked to your liking